

MEDICAL CHECK-UP PROGRAM

The medical check-up at Clinique La Prairie offers a complete evaluation of your health. This program is intended for patients requiring an in depth check-up or a second medical opinion. Regular check-ups are recommended from your mid-thirties and are part of an optimal prevention program which can help identify and successfully treat disorders at an early stage.

OUR PROGRAM INCLUDES

- Five nights from Sunday to Friday including full board
- Consultation and daily follow-up by the attendant doctor, and full nursing care
- Laboratory analyses
- HRCT thorax and heart calcium scoring
- One carotid Doppler ultrasound
- One abdominal ultrasound
- One electrocardiogram (ECG)
- One screening for skin lesions
- One spirometry and consultation with pneumologist
- One stress test and one consultation with a cardiologist
- One ENT exam
- One body composition analysis (bioimpedance) Tanita®
- Dietetic follow-up upon request
- One 90-minute Facial Treatment by Swiss Perfection of your choice (Cellular Exclusive Lift Concept excluded)
- Two 60-minute high-touch treatments of your choice
- One personalised advice at the Center for Aesthetic Medicine and the Beautymed center
- One 30-minute personal training session
- Group fitness and aquagym classes
- Access to the fitness center, swimming pool, sauna, steam room and vitality pool
- Limousine services from/to the airport or train station
- All non-alcoholic beverages

